



Dear Parents/Carers

We are currently in the process of setting up a Peer Mentoring Club at St. Mary's. The idea of the club is to provide the children with training in order to support their peers with their emotional wellbeing. Once the training has been completed, we will set up a club that will run throughout the school week. This will give children the chance to be able to talk to their peers and take part in a variety of activities and games, should they feel they need any additional support/time out.

There are 20 places available, and places can be booked by messaging Mrs Myhill on Class Dojo. As places are limited, it will be filled in order of messages received.

For further information please see below or contact Mrs Myhill, via Class Dojo.

### What does the course look like?

<b>Session 1</b>	An introductory session.
<b>Session 2-5</b>	We'll be going through a written pack that we'll provide, before the training starts.

### What will our young people learn about during our training sessions?

- The different ways to support your peers.
- How to be a good influence to those around them.
- What they can do when they're worried about one of their peers.



### Why become a peer mentor?

- It will give you them chance to help their peers in a brand-new way.
- It will give allow them to get to know more people outside of their friendship group.
- The support can make a huge difference to someone's time in school
- It'll help them in their future!

### Always remember...

A Peer Mentor simply acts as a 'listening ear' to their peers.

It is **NOT** about giving advice or trying to solve other people's problems.

Yours sincerely

Mrs K Myhill

Child Wellbeing Lead