



## Personal Development and RSE 2022-2023

<u>Weeks</u>	<u>Autumn A</u>	<u>Autumn B</u>	Spring A	Spring B	Summer A British Values	<u>Summer B</u>
		RSE – Module 1	RSE – Module 2			RSE – Module 3
Week 1	Our Class	Unit 2 – Session 1	Unit 3 – Session 1	Module 2 - Unit 1 – Session 1	Democracy	Unit 1 – Session 1
Week 2	Bereavement – Queen Elizabeth II	Unit 2 – Session 2	Unit 3 – Session 2	Bereavement	Rule of Law	Aspirations
Week 3	School Council	Unit 2 – Session 3 Upper KS2 Session 3 and 4	Unit 3 – Session 3	Making good choices	Tolerances and differences	Unit 1 – Session2
Week 4	Worries	Unit 4 – Session 1	Unit 3 – Session 4	Covid reflection	Mutual Respect	Unit 2 – Session 1
Week 5	Heroes	World Mental Health Week	Online Safety	Holy week	Individual Liberty	Healthy Lifestyle
Week 6	Behaviour and Expectations	Managing Money	Unit 3 – Session 5		Equality	Water Safety
Week 7	First Aid	Nativities and concerts				Celebration
Week 8		Spiritual/Christmas/Mass				







						Catholic Education Trust
<u>Weeks</u>	<u>Autumn A</u>	<u>Autumn B</u>	<u>Spring A</u>	<u>Spring B</u>	<u>Summer A</u> <u>British Values</u>	<u>Summer B</u>
Week 1	Welcome	Diwali and Bonfire night	Emotional wellbeing – Feelings	Reading week	Democracy	Personal Relationship – Friendship
Week 2	Queen Elizabeth II	Remembrance Day	Emotional wellbeing – Anger	Bereavement	Rule of Law	Aspirations
Week 3	School Council	Children in Need	Chinese New Year	Making good choices	Tolerances of differences & Coronation	Personal Relationship – Respect
Week 4	My Worries	Anti-bullying Week	What am I thankful for	National Covid day of reflection	Mutual Respect	Personal Relationships – Saying sorry
Week 5	National Hero Day	World Mental Health Day	Safer internet day and children's mental health week	Holy week	Individual Liberty & Age	Art day
Week 6	Behaviour and expectations	Christmas Fayre	Staying safe – road safety		Equality	Transition
Week 7	First Aid Harvest class assembly	Nativities and concerts				Celebration
Week 8		Mass				





## Pastoral Care 2022-2023

<u>Weeks</u>	<u>Autumn A</u>	<u>Autumn B</u>	Spring A	<u>Spring B</u>	Summer A British Values	<u>Summer B</u>
Week 1	No Pastoral Care until welcome assembly	Bonfire night	Emotional Wellbeing – Session 1	Reading week	Democracy	Personal Relationship – Session 1
Week 2		Remembrance service	Emotional Wellbeing – Session 2	Bereavement	Rule of Law	Aspirations day
Week 3		Children in need	Chinese New Year	Making good choices	Tolerances of differences & Coronation	Personal Relationship – Session 2
Week 4		Anti-bullying week	Emotional Wellbeing – Session 3	National Covid day of reflection	Mutual respect	Personal Relationship – Session 3
Week 5		World mental health week	Safer internet day and children's mental health	Holy week	Individual Liberty	Healthy lifestyles
Week 6		Christmas fayre organisation	Staying safe – Road Safety		Sun Safety	Transition
Week 7		Nativity/concert				Celebrations
Week 8						





All RSE lessons are taught using Ten Ten resources – Living life to the full. All lesson plans are written.

Staying Safe session, lesson plans on Ten Ten – Living life to the full.

Road Safety - Provided by South Tyneside Council

Clennell – Clennell provided lesson to our KS2 pupils around online safety and any concerns that arise.

Bikeability is completed throughout the year.

Kidsafe is taught throughout the year in ICT.

Relax kids is weekly.

## **Pastoral Groups**

- Mini Police
- School Council
- Eco Warriors
- Mini Vinnies
- RE ambassadors
- Mental Health Champions
- Playground Pals